THE BASIC TENETS OF
THE ART AND SCIENCE OF MODERN
NON-INVASIVE HEALTHCARE
AND NATURAL MEDICINE

Healing Diseases is Progressive Science...
Preventing Illness is Ultimate Wisdom!

“The Bab hath said that the people of Bahá must
develop the science of medicine to such a high degree
that they will heal diseases by means of food”
- from the Writings of Abdul Bahá

The Emergence and Inception of NATUROLOGY
and MODERN NATURAL HEALTHCARE & MEDICINE...
This is the way out of Iatrogenic Morbidity of poison-based chemical therapeutics to
SAFE and EFFECTIVE NON-INVASIVE NATURAL MEDICINE

The Fusion of Nature, Tradition and Science
The primary purpose of preparing this guideline is to provide an introductory manual for the practice of modern natural medicine. It outlines the general theory of the science, its philosophy, principles, remedies for non-invasive healing and management of various illness using highly active micro-nutrients developed at the Department of Research and Study, AK Pharmacy and Naturopathy Centre. The manual represents a working model for the advocacy of Natural Medicine, which forms a non-invasive alternative to chemical therapeutics.

This manual is the beginning for the practice of modern scientific natural medicine. Its continued progressive development will take place with ongoing work and documentation of the work carried out at AK Pharmacy and Naturopathy Centre and the upcoming College of Natural Medicine which is expected to be operational early 2018.

The contents of this manual will be used as part of the syllabus for the teaching of natural medicine in the Diploma and Degree programme of the College. The model took almost twenty years to complete involving tens of thousands of patients who sought treatment at the Centre.

Prof. Dr. Ananthan Krishnan

November 2017
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General Theory of the Science of Natural Healthcare and Medicine

The art and science of non-invasive natural medicine subscribes to the general philosophy that human health is largely a factor of two critical determinants; the first is the inherited quality of the genomic imprint, where genetic aberrations can cause various types of illness. The second is the eight major critical factors of health which in turn depends on the knowledge and culture of the community where he or she comes from.

The eight major critical factors are:

1. Quality of diet and nutrition taken on a regular basis to maintain physiological balance of the vital biochemicals in the body. Optimal biochemical balance keeps the physical body efficient and healthy with the minimum chance of going into weakness and illness.

2. Level of mental, physical and emotional stress, which if left unmanaged can lead to stress related metabolic diseases, immunological weakness which in-turn can lead to infectious disease and even malignancies.

3. Level of regular physical exercise, programmed or non-programmed workouts. Regular levels of good and moderate exercise, based on age will help the body to maintain a fairly good health.

4. Quality of life style: Non-smoking life style, non-consumption of alcohol over limits, no substance abuse, eight hours of good sleep and rest. Good quality life style takes into consideration the physical, mental and emotional capacity and limits and does not allow the body to burden itself and lead to weakness and illness.

5. Age. As age goes on, our physiological and metabolic efficiency slows down and aging can make us more prone to illness. One has to reset the way of life as we age, slowing down the activities as age increases so that the body is not burdened by its physical limits and capacity.

6. Toxic emotions: Anger, hatred and jealousy. If it continues, there is a good chance that you can acquire certain type of illness.

7. Consumption of poison based drugs on a long term, where the side effects damages the human body through oxidative damage.

8. Injuries through accident or assault can cause damage to body which can cause disablement.
Ultimately it is truthful knowledge of human life and one’s own knowledge of his or her body, its genetic strength and healthy life that to a very large extent, if practiced well can contribute to good health.

However, the human life form is constantly co-evolving with all other life forms, and is work in progress, meaning there is always imperfections, and diseases will appear as a natural reality. The continuously created new genetic imprint which comes from every process of birth is beyond human control and so the appearance of illness.

But genetic aberration is not a major cause of illness. Most illnesses are caused because most of the human population is still not fully informed on how to maintain a healthy lifestyle using the knowledge of the eight critical factors mentioned. Even if they have the knowledge, there is not enough financial resources to apply the knowledge in real life.
Naturology as the Guiding Science and Principle of Modern Scientific Natural Healthcare and Medicine

Naturology can be described as the science of studying the inherent creative intelligence of nature which has been used by nature to create life, from the smallest and progressively co-evolving with other life forms, to the most complex and advanced as the human being.

The science harnesses the knowledge used by nature, how it progressively develop the life form to a higher and higher level of complexity, intelligence and health. Nature preserves and protects its created life using the nutritional substances from earth, oxygen from the atmosphere and energy from the sun.

The food consumed by the human being keeps the body living and perpetuating. Life has evolved for about 3.8 billion years, and it is still “work in progress”, implying that life is still not perfect and it can succumb to illness if there are genetic aberrations or if it has gone into a state of mental, emotional or physical weakness, which in turn can lead to illness if it is not corrected.

As for the body, which is basically made up of chemicals, thousands of bio-active chemicals which is supplied from the food or produced in the cells of the body maintains the bio-chemical needs of the body. The bio-chemicals must be in a state of balance and must be continuously in optimal quantities so that the metabolic efficiency, physiological and immunological efficiency is maintained at an optimal level, thus preventing illness.

Naturology finds remedies from food based products which contains a broad spectrum of bio-chemicals ensuring that there is no depletion in the bio-chemicals in the body. Since the science of natural medicine believes that illness appear when there is a progressive depletion of vital bio-chemicals, preventing and healing illness with the use of composite formulae made from seeds which are edible and contain the highest number of bio-chemicals and antioxidants can bring back the bio-chemicals to optimal levels and empower the cells in the body to repair, restore and heal the illness.

Naturology believes that single chemical treatment does not follow the inherent intelligence of nature as such it cannot heal diseases the way nature does.
The details of the Highly Active Micro-Nutrient formulae will be the ones which harmonizes with the body’s bio-chemical balance and keeps the body healthy and free of diseases.
Proactive Fore-Caring Natural Healthcare

In basic terms, the human body has generally three states of health, a state of wellness, where the body’s bio-chemical balance is in a fairly optimal state. This optimal state maintains the metabolic, physiological and immunological efficiency of the body keeping it in a “disease refusal state”.

If the body does not receive the needed nourishment on an on-going basis, there is every chance that it can go into a state of weakness. Unhealthy life style, lack of rest and high stress can bring us to weakness.

If this weakness persists for a long time, it can lead to illness. The primary objective of the healthcare provider then must be to ensure that people do not go into under-nourishment of all vital bio-active principles.

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<td>HEALTHY GENETICS, MOTIVATED / ENERGY, CONFIDENT / HEALTHY MIND.</td>
<td>INHERITED GENETIC IMPAIRMENT, PROLONGED OXIDATIVE DAMAGE WITHIN THE BODY, DISRUPTED AND IMPAIRED BIO-CHEMICAL BALANCE, LACK OF REST, MENTAL, PHYSICAL AND EMOTIONAL STRESS, LACK OF EXERCISE AND PHYSICAL ACTIVITY.</td>
<td>PHYSIOLOGICAL AND METABOLIC DISEASES, CARDIOVASCULAR DISEASE, HYPERTENSION, DIABETES, IMPAIRMENT OF SUBSYSTEMS, IMPAIRMENT OF ORGANS, IMPAIRMENT OF IMMUNE SYSTEM, CANCER AND PATHOGENIC INFECTION.</td>
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<td>OPTIMUM REST OF THE MIND AND BODY FOR OPTIMAL RECOVERY AND RESTORATION.</td>
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The body works on tens of thousands of vital bio-chemicals for the body to function efficiently. It encodes around 7,000 proteins, which must be produced efficiently and in the right amounts.

Most human diet, especially from the underdeveloped world, do not provide this. The simple diet, largely the macro-aspect, do not provide a full spectrum of the tens of thousands micro-nutrients needed especially minerals, vitamins, antioxidants, amino acids, co-factors, etc. for the full nourishment of the body.

When these micro-nutrients are insufficient, the body cannot function physiologically,
metabolically, and immunologically in an efficient manner. This can cause the emergence of infectious disease, metabolic disorders and malignancies.

There are remedies made from food based products which contains the full spectrum of micro-nutrients. The research team in the Department of Research and Study of AK Pharmacy and Naturopathy Center formulated a nutritional based natural composite products, which can provide the tens of thousands of bio-chemicals and maximum number of antioxidants to meet the needs of the body.

The research led to edible seeds, spices, beans and cereals as a source material. It is observed that the seeds contains the highest amount of bio-chemical and anti-oxidants. The mother product was developed using 36 seeds. The total bio-chemicals is sufficient to provide the continuous need of the vital nourishment for the body to remain robust and very healthy.
Show of Proof of Healing Efficacy with Documentation

To show proof of therapeutic efficacy in non-invasive healing using Highly Active composite Micro-Nutrient remedies, The Department of Research and Study at AK Pharmacy and Naturopathy Centre used Real-Time Outcome Driven studies to evaluate the healing efficacy of the remedies.

This study is used mainly because, the random controlled single blind and double blind studies are done in a controlled environment which cannot be correlated to real life situations. Besides, the subject studies are standardised. This controlled studies does not conform to the dynamic and expanding nature of the human being.

Human beings are a process, a verb and not a noun. In the light of the knowledge of the theory of relatively and quantum theory, human beings are a changing phenomenon, and standardization will be a total conflict with the nature of the human being and the reality of human life.

The idea of randomised single and double blind studies was conceived in 1920’s, where the science did not take into account of the new knowledge that emerged from the theory of relativity. It is for this reason that the results obtained from single and double blind studies do not correlate in real life.

A good illustration will be the studies done on diabetic drugs. The results obtained in the controlled randomised studies are statistically significant from the real-time studies. In Malaysia, the allopathic treatments’ protocol success rate is only 15-18% based on the HbA1c reading of 6.5%. This success rate cannot be considered a scientifically success outcome.

Real-time outcome driven studies carried out over a period of 15 years involving thousands of patients were documented and the efficacy of the remedies were proven.

These studies are available for those who have genuine interest in the science of natural medicine. Diseases studied include Cardiovascular Diseases, Diabetes Mellitus, Diabetic Ulcers, Rheumatoid Arthritis, Osteogenesis Imperfecta, etc.

*The next pages are the list of the case studies, with its cover pages shown.*
1. Escaping Severe Triple Blood Vessel Disease and Coronary Artery Bypass Grafting (CABG) through the use of Alternative Natural Medicine

Natural Healing Case Story of Madam Kamalachee Diagnosed With Ischaemic Heart Disease (IHD)

Summary:
This is a success story of Madam Kamalachee who was diagnosed with Ischaemic Heart Disease (IHD), also known as Coronary Artery Disease (CAD) and was treated using natural therapy 'Highly Active Micro-nutrients Formula' developed at the Department of Research and Study at AK Pharmacy & Naturopathy Centre.

Madam Kamalachee never believed she could recover her health but after successfully using the full spectrum of Highly Active Micro-nutrients Formula, she recovered her health fully and now can hold that one’s heart can still be healed and saved without use of knife.

Barndas Sunday Ooboch ND/NYIO
Prof. Dr. Arasaththi Kankanah
May 2015
2. Battling Non-Hodgkin’s Lymphoma using Highly Active Micro-Nutrient Formulae (HAMNF)

An Inspirational Experience Through Non-Hodgkin’s Lymphoma

This is an inspiring natural healing case story of Mohan’s battle with aggressive lymphoma using a holistic “body-mind” approach. With the use of highly active micro-nutrient (HAMNF) products and the power of the mind, the malignant cells are eventually tamed and quelled.

Being told one has cancer is not a pleasant revelation. For Mohan and his girlfriend, Tomy, it’s frightening and unnerving, to say the least. Because the lymphoma attacking his right lower neck/shoulder was an aggressive one, toxic chemotherapy was highly recommended.

However, knowing too well the serious side effects of chemotherapy, he had decided going against his oncologist’s advice (even before a solution was found). While making this move takes a lot of courage, keeping going through the unconventional route for almost two months – and without seeing much visible results – requires inner strength and perseverance. He never looked back since.

Dr. Alex Leong Yee Kuan, Ph.D.
Prof. Dr. Ananthan Krishnan

APRIL 2015
3. Overcoming Serious Iatrogenic Drug Morbidity in the Management of Hairy Cell Leukemia

Overcoming Serious Iatrogenic Drug Morbidity in the Management of Hairy Cell Leukemia

Mr. Kuriakose had gone against his oncologists’ advice to go for chemotherapy when he was affected with Hairy Cell Leukemia. Yet he still managed to effectively tame the rare disease following Highly Active Antiretroviral Therapy (HAART) and Recombinant Interferon (Interon A) therapy.

The period between February 2010 and February 2011 was the most testing and fulfilling journey of Kuriakose’s life. Mind you, what he is experiencing is not the normal trajectory that can be simply notified by seeing more. Inside his bone marrow was a bunch of “hairy” cancer cells. All thanks to a non invasive blood test! After he was declared cancer-free, he eventually went for a biological treatment using interferon while concurrently taking HAART developed at the Department of Research and Study, Ak Pharmacy and Naturalphy Centre. The outcome of the integrated therapy was more than remarkable – he fully regained his quality of life! The facts and figures presented in this case story have proven, at least in the case of Kuriakose, that integrated therapy (Interferon and HAART) can be effectively used in the management of Hairy Cell leukemia.

Dr. Alex Leong Yee Kuan, Ph.D.  
Prof. Dr. Ananthan Krishnan

NOVEMBER 2012
4. Natural Alternative Remedy Beats the Heat of Life-Stealing Chronic Pancreatitis

This alternative medicine case story describes the miraculous healing of prolonged pancreatitis (and its complications) using highly active micro-nutrient (platable) products after the allopathic world failed to do so in its heat complexity.

Despite being out of pocket RM50,000 for going under the knife to remove not only part of her pancreas, but eventually, her health began, Ms. Jaitheavary still held under the shadow of an “incurable” and life-wreaking inflammatory disease for two painful years.

But little did she know a visit to an alternative medicine centre, AK Pharmacy and Naturopathy, would be the surprise of her life. Also, much to the astonishment of her allopathic doctors, Jaitheavary made a full recovery after less than two months of taking the alternative route. Her medical report revealed total healing of her pancreas; and her recurrent pancreatic stones (a common complication of chronic pancreatitis) vanished, wooded, into the air.

Dr. Alex Leong Yee Kuan, Ph.D.
Prof. Dr. Ananthan Krishnan
APRIL 2013
5. Statin-Damaged Liver Saved & Healed

Statin-Damaged Liver Saved & Healed

A remarkable case story of Mr. Robert Tay’s “statin-devastated liver” healed using Highly Active Micro-nutrient natural remedy

SEPTEMBER 2012
Dr. Alex Leong Yee Kian, Ph.D.
Prof. Dr. Jonathan Irshidan

We’re taught to fear it. We’re taught to avoid it. Yet, "cholesterol" is one of the most debated words in health care, as much so we are ardent with "no drugs" but resort to state drugs to block its production by our liver. These beliefs if we were being breached by your idealized lexicon on the drug’s dangerous side effects Robert was not. And liver took the hit, every but slowly. It was badly damaged by the hepatotoxic effects of these so-called "wonder" drugs. This chapter may describe how Robert’s liver was saved and healed naturally using the highly active micro-nutrient formulae developed at the Department of Research and Study, AK Pharmacy and alternative healing center, Kuala Lumpur. The positive outcome of the treatment using natural remedies, in a proven manner, proves that liver damaged by worst effects of state-of-the-art chemical drugs can be healed with natural medicine.
6. Miraculous Healing of Diabetic Foot Ulcer Naturally

DECEMBER 2012

HEALTH CARE STORY: AK PHARMACY & NATUROPATHY CENTRE

‘Miraculous Healing of Diabetic Foot Ulcer Naturally’

Nirvani A/P K. Ahmad, a 50-year-old woman, suffered from a diabetic foot ulcer on the lateral side of her right foot. She has peripheral neuropathy, hypertension, and hyperlipidemia. An open diabetic foot ulcer was present on her right foot, which she had been unable to heal for several months despite a course of oral antibiotics and local wound care. She was referred to AK Pharmacy & Naturopathy Centre for further evaluation and treatment.

Thank you for your time and consideration.

AK Pharmacy & Naturopathy Centre

Department of Research & Study

Kidah Lumpur
7. Solving the Mysteries of Diabetes Mellitus through Natural Medicine

Yet another remarkable case describing the natural healing of diabetes mellitus, an “energy imbalance disorder” following Highly Active Micro-Nutrient (HAMN) formulation developed at the Department of Research and Study, AK Pharmacy and Naturopathy Center. Even after working his kidneys, begging for less energy, and risking his life not worth living, Mr. Ratchaphuti’s blood sugars were still moving high (diabetic chronic complication treatment). No one, including his doctor, would believe that after just three months of HAMN therapy, his diabetes of 22 years could actually be reversed?

Dr. Alex Leong Yee Kuan, Ph.D.
Prof. Dr. Aruntham Krishnan

OCTOBER 2012
Highly Active Micro-Nutrient Remedy for the Healing of Chemical Drug Induced Renal Failure

Simin Azarmooh B.A.
Furqat Yahya N.D.

This remarkable case story describes and narrates the recovery of Mrs. Jumaath Al-Tamamwha, from severe acute renal failure caused by non-steroidal anti-inflammatory drug, which she used for relieving her headache, having landed at Al-Muscat Hospital Imamzangi for acute renal failure with serum creatinine level soaring. Upon arrival, they, the doctors tell her that she does not go home, however, at the hospital. Mrs. Jumaath was admitted to the ICU, where the doctors inserted the needle elevator, Jumaath's got cured, and she went out of the hospital. They tried for seven times, and each time she jumped out of bed. When the doctors tried to visit, she had run out of the hospital and told her friend who brought her to hospital. That is how it happened. What is the case? A 4-year-old boy by name Asad, who has severe acute renal failure due to non-steroidal anti-inflammatory drug, Jumaath can be seen, and at last, in case of Mrs. Jumaath.
9. Preventing Surgical Removal of Infected Kidney

PREVENTING SURGICAL REMOVAL OF INFECTED KIDNEY

"Documentation of the case story of Madura Maladha's Acute Renal Failure and how 'Highly Active Micro-Nutrient' natural remedy prevent surgical removal of her kidney."

MAY 2016

Dr. Inthira Sanmugan, M.D.
Prashanthi Sanmugan
Prof. Dr. Anantha Krishna
10. Healing Case Story of Kawasaki Disease

HEALING CASE STORY OF
KAWASAKI DISEASE
A REMARKABLE CASE STORY

Dr. Indira Shreyans 
Dr. Ahmed Latif

JUNE 2016
11. Arising from the Ashes of Pulmonary Fibrosis

ARISING FROM THE ASHES OF PULMONARY FIBROSIS

November 2011

PROF. DR. AHMADNA IMMANOUL,
DR. PARASHYTH LAXMIDAS, DR. LEE JUN YONG AND DR. SE
DEPARTMENT OF RESEARCH AND STUDY
AK PHARMACY & NATUROPATHY CENTRE
KUALA LUMPUR, MALAYSIA
www.anitaclub.org

This case study describes the analysis and remarkable recovery of Nazara Kamala from terminal stage of Pulmonary Fibrosis, using uniquely active micro-potented formula and simple integrated therapy, the therapy has been used successfully in the management of terminal stage of Pulmonary Fibrosis. This case study describes the remarkable recovery of Nazara Kamala from terminal stage of Pulmonary Fibrosis, using uniquely active micro-potented formula and simple integrated therapy, the therapy has been used successfully in the management of terminal stage of Pulmonary Fibrosis.

A SYMPHONY OF THE BREAKTHROUGH RECOVERY FROM THE ILLNESS OF PULMONARY FIBROSIS USING NATURAL MEDICINE

MEDICAL TREATMENT AND SERVICE CONSENT FORM

This is to certify that I/we the undersigned do, in the event that I/we, the patient's Guardian / Father, Guardian / Mother, am / are, a participant in the medical treatment offered by AK Pharmacy & Naturopathy Centre.

I/we hereby consent and grant permission to receive and undergo the medication administered by the team of practitioners of AK Pharmacy & Naturopathy Centre.

I/we further certify that I/we shall agree to participate in the above-mentioned treatment and shall not hold AK Pharmacy & Naturopathy Centre, its officers, research officers, instructors and employees responsible for the course of treatment.

I/we further certify that I/we, the patient, agree to have my/our presence at the medical, health, scientific forum, conference, etc. for the research & study which can be utilized for the advancement of health & lifestyle of mankind.

This authorization acknowledges understanding and agreement to the above.
12. Healing Rheumatoid Arthritis

Rheumatoid Arthritis: Stop Suffering Needlessly

"When sickness struggles to care, natural medicine heals." — Prof AK

Neither boosting nor suppressing, but rather regulating her imbalanced immune system, the highly active micro-nutrients suggested by Nilaya managed to assuage the raging flames of this life-damaging autoimmune disease.

Despite all possible and available modern allopathic treatment, there was no healing or curing her flail days, filled with nothing but tears, nagging, burning pain, were in total misery. Not only was her life affected, her hubby's too was no better. And because their usual life was at a complete standstill, their baby dream was dashed. This was perhaps the hardest part that hit the newly married couple.

With facts, figures, and feelings, this case story relates how Nilaya’s severe rheumatoid arthritis was resolved after taking, for four months, a combination of highly active micro-nutrient formulae developed at the Department of Research and Study, Ak Pharmacy and Naturopathy Center. Fast, the agony of RA disappeared; her rheumatoid factors returned to normal, and she finally got her health and sexual life back. Her case will be monitored for one year and an updated report will be prepared.

Dr. Alex Leong Yee Kuan, Ph.D.
Prof. Dr. Ananthan Krishnan
DECEMBER 2012
Motor Neuron Disease: When Modern Allopathy Laments in Vain, Natural Medicine Lends Its Hand

A remarkable case story of healing of a strong-willed woman from progressive spastic paraparesis, dysesthesia, myelopathy and bilateral hip osteoarthritis using natural medicine

Dr. Alex Leong Yee Kuen, Ph.D.
Prof. Dr. Ananthan Krishnan

JUNE 2012
14. Natural Healing Case Story of Down Syndrome

HEALING CASE STORY: AK PHARMACY & NATUROPATHY CENTRE

“Saravanan and His Miraculous Journey towards Healing”

Natural healing case story of Saravanan A/U Veeramuthu having Down syndrome and heart anomalies.

‘Putting a smile back on little Sara’s face’

Saravanan:

This case depicts a 4-year-old male Indian child diagnosed with Down syndrome and heart anomalies. It describes the initial physical condition of Baby Saravanan, the emotions of his parents and extended family members and how he regained strength, improved cognitive function and overall health using highly active bio-nutrients contained in the Max Aye products. This case story also provides general information on Down syndrome and heart anomalies such as Atrioventricular Septum Defect (AVSD) and Pulmonary Hypertension.

ak pharmacy
ak pharmacy
ak pharmacy

DECEMBER 2011
15. Healing and Saving Life of Organophosphorus Suicidal Poisoning

**CASE STORY**

**ORGANOPHOSPHORUS POISONING**  
(Paraquat Poisoning)

**HEALING AND SAVING LIFE OF ORGANOPHOSPHORUS SUICIDAL POISONING**  
WITH THE USE OF  
HIGHLY ACTIVE MICRO-NUTRIENT FORMULAE (HAMN)

**DISCOVERY OF THE HEALING ANTIDOTE WITH MODERN NATURAL MEDICINE**

PREPARED BY:  
DR. AHMAD LUTIE, DR. INTIHA SAMMUHAM

SUPERVISED BY:  
PROF. DR. ANANTHAN KRISHNAN

NOVEMBER 2016
16. Tuning the Immune System using Integrated Alternative Medicine to tame HIV/AIDS

Dr. Parasakthy Sathasivam’s Biography of a HIV/AIDS victim Mr. Zainudin bin Ahmad at Department of Research and Study, AK Pharmacy and Naturopathy Centre.

A Living True Testimony: Life on a Limbo.

The Case Story: Zainudin bin Ahmad was born on the 2nd of June 1956 as the eldest son in the family. He is a Malay Muslim. His father Mr. Ahmad bin Said was an army officer. The family had to shift often as the army officer had to move from station to station within Malaysia.
17. Natural Healing Case Story of HIV/AIDS

**HEALING CASE STORY : AK PHARMACY & NATUROPATHY CENTRE**

"The Empowerment of Suppalethchumy : From Weakness to Strength"

Natural healing case story of Mdm. Suppalethchumy A/P Kumarasamy diagnosed with HIV/AIDS.

"Giving hope and uplifting the human spirit"

**Synopsis :**

This case story describes the journey of Mdm. Suppalethchumy who has been fighting the battle with HIV/AIDS for the past 12 years. It shows the love, care and support given by her family (4 children) for her recovery and howregular Ayurvedic treatment (Herbs and diet) has helped her recover from a weak frail state to a robust dynamic state. Being a positive person by nature, she never gave up on herself and continued to fight, living each day as a new, feeling grateful to God and Dr. Ak.

13/7/2012

[Signature]

Department of Research and Study
AK Pharmacy & Naturopathy Centre

**MEDICAL TREATMENT AND SERVICE CONSENT FORM**

This is to certify that I/We, the undersigned(s) are in the event that your(s) care and treatment are required, I/We hereby request and consent to receive the treatment(s) as administered and prescribed by the team of research doctors, etc. from AK Pharmacy & Naturopathy Centre.

I/We hereby certify and give permission to receive and undergo the treatment administered and prescribed by the team of research doctors, etc. from AK Pharmacy & Naturopathy Centre.

I/We further certify that I/We agree to participate in the above-mentioned treatment and will not hold AK Pharmacy & Naturopathy Centre, etc. its officers, research doctors, instructors and employees responsible in any event of treatment.

I/We further certify that I/We agree to have the case studies related to the above-mentioned treatment presented at the medical and health academic forums, conferences, etc. for the research and study which can be utilized for the advancement of health education and awareness.

This authorization is given without understanding and agreement to the above.

[Signature]

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Healing Philosophy of Mas Ayu

Mas Ayu recipe work towards creating a disease refusal state (DRS) in the ordinary individual, it heals diseases by balancing the disrupted nutrient and biochemical states. The thousands of bio-active principles in the spices will restore the disrupted balances in the human body and bring the immune state to its optimum level. The disease preventing power of the human body will be enhanced to its highest limits, thereby protecting the body from illness.
**Product Name**: Biospektra Manna Plus 250 mg Capsules

**Composition**: Edible spices, seeds, beans and cereals which contains more than 6,000 bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Main Ingredients**:
1. Allium Cepa Bulbus (Onion)
2. Allium Sativum Bulbus (Garlic)
3. Anethum Graveolens Semen (Dill)
4. Carophyllus Aromatica Flos (Clove)
5. Coffea Arabica Semen (Coffee)
6. Cuminum Cyminum (Cumin)
7. Nigella Sativa Semen (BlackCumin)
8. ZingiberOfficinale Radix (Ginger)
9. Withania Somnifera (Ashwagandha)

**Mode of Action**: The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. More than 6,000 bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:
- Regulation of the biochemical and physiological balance of the body
- Improves the quality and quantity of blood cells
- Optimizes immunity and maintains a disease-resistant state
- Regulates blood lipids, carbohydrates and protein metabolism
- Adjunct for kidney function maintenance
- Reduces uric and other acids which cause renal and gall stones
- Improves blood circulation and vision
- Antiviral for flu, dengue and blood borne viruses
- Corrects some forms of anaemia
**Product Name**: Biospektra Simpaal 250 mg Capsules

**Composition**:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Main Ingredients**:
1. Bovine Colostrum Powder
2. Curcuma Longa (Turmeric)
3. Glycine Max (Soya Bean)

**Mode of Action**:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. Innumerable bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:
Highly active natural micro-nutrition edible seed based product with freeze dried bovine colostrum for the optimization of antibodies and the improvement of immunity. It helps the body to fight against infections and helps to preserve a high quality of human health and wellness.
**Product Name**: Biospektra Semalu 250 mg Capsules

**Composition**: Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients**:  
1. Allium Cepa Bulbus (Onion)  
2. Allium Sativum Bulbus (Garlic)  
3. Curcuma Longa (Turmeric)  
4. Azadirachta Indica (Neem)

**Mode of Action**: The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 1378 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:  
- For genito-urinary tract hygiene and prevention of Genito Urinary Tract Infection (UTI)  
- For vaginal strength  
- Adjunct for the treatment of Gall Stones and Renal Stones  
- Natural mild antibiotic  
- Adjunct for viral fever  
- Improves genito urinary tract healing  
- Adjunct treatment for acne (pimples)
**Product Name**: Biospektra Mas Aki 250 mg Capsules

**Composition**: Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemicals, trace elements, minerals, enzymes and natural vitamins.

**Ingredients**:
1. Coffea Arabica (Coffee)
2. Cola Acuminata (Kola Nut)
3. Glycine Max (Soya Beans)
4. Phaseolus Angularis (Adzuki Beans)
5. Phaseolus Vulgaris (Common Bean)

**Mode of Action**: The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 1057 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:
- For energy, strength and stamina
- Improvement of blood circulation
- Improvement of metabolism of absorbed food
- For regulation of blood fats (lipids)
- For regulation of carbohydrate metabolism
**Product Name**: Biospektra Rapi 250 mg Capsules

**Composition**:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients**:
1. Allium Sativum Bulbus (Garlic)
2. Cuminum Cyminum Semen (Cumin)
3. Curcuma Longa Radix (Turmeric)
4. Glycine Max Semen (Soya Beans)
5. Phaseolus Lunatus Semen (Lima Beans)

**Mode of Action**:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 1844 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:
- For female health, beauty and energy
- Pre and post-menopausal syndrome
- Prevention of post-menopausal drying, darkening, aging and wrinkling of skin
- Prevention of vaginal dryness and loss of libido (sexual interest)
- Firming up of breast
- Stimulates breast milk production for feeding mothers
- Reduces pre-menstrual pain
Product Name: Biospektra Qaseh 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Carophyllus Aromatic Flos (Clove)
2. Coffea Arabica Semen (Coffee)
3. Ginkgo Biloba Semen (Maidenhair Tree)
4. Myristica Fragrans Semen (Nutmeg)
5. Prunus Dulcis (Almond)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 2234 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
Highly active food based micro-nutrient formulae for the improvement and maintenance of sexual health of both gender. Improves the function of nerves and blood circulation. Improves libido and improves the quality of sexual life for both men and women.
**Product Name**: Biospektra Sriniti 250 mg Capsules

**Composition**: Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients**:  
1. Caryophyllus Aromatic Flos (Clove)  
2. Cuminum Cyminum Semen (Cumin)  
3. Foeniculum Vulgare Semen (Fennel)  
4. Withania Somnifera Radix (Ashwagandha)

**Mode of Action**: The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 899 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:  
- Reduces mental and physical stress  
- Regulates blood pressure  
- Prevents tension headaches (migraine)  
- Regulates stress-related diabetes  
- Improves interpersonal communication  
- Reduces impulsive temperament and anger
**Product Name** : Biospektra Angin 250 mg Capsules

**Composition** :
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients** :
1. Allium Sativum Bulbus (Garlic)
2. Anethum Graveolens Semen (Dill)
3. Curcuma Longa (Turmeric)
4. Elettaria Cardamomum (Cardamom)
5. Ferula Asafoetida (Asafoetida/Devil's Dung)
6. Zingiber Officinale (Ginger)

**Mode of Action** :
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 2234 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses** :
- Improves digestion and absorption of nutrients from stomach and intestine
- Reduces flatulence (wind)
- Regulates the movement of bowels
- Mobilizes and regulates blood fat (lipids)
- Prevents gastritis and related fatigue
Product Name: Mas Ayu Dadih 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Lactobacillus Acidophilus (Yoghurt)
2. Curcuma Longa (Turmeric)
3. Glycine Max (Soya Bean)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. Innumerable bioactive principles are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
This food based product contains freeze dried yogurt powder in combination with highly active micro nutrients from edible seeds for the improvement of digestion and bowel movement. The product also helps in the regulation of fat metabolism and helps to reduce loose bowel movement and maintains a healthy gut.
**Product Name**: Mas Ayu Ginkgo Plus 250 mg Capsules

**Composition**: 
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients**: 
1. Curcuma Longa (Turmeric)  
2. Ginkgo Biloba (Ginkgo)  
3. Glycine Max (Soya Bean)

**Mode of Action**:  
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 1453 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses**:  
- Improvement of blood circulation  
- Improvement of memory and brain function  
- Improves the transmission of nerve impulse  
- Improves male erectile deficiency  
- Reduces piles
Product Name: Mas Ayu Nafas 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Adhatoda Vasica Folium (Malabar Nut)
2. Coffea Arabica Semen (Coffee)
3. Curcuma Longa Radix (Turmeric)
4. Foeniculum Vulgare Semen (Fennel)
5. Mentha Piperita Folium (Peppermint)
6. Ocimum Sanctum Folium (Holy Basil)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 1092 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
- Improvement of breathing and oxygen supply to the body.
- Strengthens the muscles used for breathing.
- Improves lung function.
- Reduces hyper-secretion in the breathing tract.
- Improves energy, strength and stamina by improving oxygen uptake in the lungs.
**Product Name** : Mas Ayu Sema 250 mg Capsules

**Composition** :
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

**Ingredients** :
1. Coffea Arabica Semen (Coffee)
2. Cuminum Cyminum Semen (Cumin)
3. Curcuma Longa Radix (Turmeric)
4. Foeniculum Vulgare Semen (Fennel)

**Mode of Action** :
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 858 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

**Indicated Uses** :
- Reduces hypersensitivity of skin and mucus membrane.
- Reduces sneezing and nasal congestion.
- Reduces pimples associated with sensitive skin.
- Improves the texture of the skin.
Product Name: Mas Ayu Kal 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Centella Asiatica (Gotu Kola)
2. Coffea Arabica (Coffee)
3. Ginkgo Biloba (Maidenhair Tree)
4. Withania Somnifera (Ashwagandha)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 972 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
- Regulates neurotransmitter levels in the brain
- Improves memory, thinking and mental concentration (brain function)
- Improves function of nerves and impulses
Product Name: Mas Ayu Inji 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Allium Cepa Bulbus (Onion)
2. Allium Sativum Bulbus (Garlic)
3. Carophyllus Aromatica Flos (Clove)
4. Cinnamomum Zeylanicum (Cinnamon)
5. Cuminum Cyminum (Cumin)
6. Nigella Sativa Semen (Black Cumin)
7. Zingiber Officinale Radix (Ginger)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 2670 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
- Relieve of joint and muscular pains
- Helps in the reduction of wind in the stomach
- Helps improve digestion and bowel movement
Product Name: Mas Ayu Pahit 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Azadirachta Indica Folium (Neem)
2. Coffea Arabica Semen (Coffee)
3. Momordica Charantia Fructus (Bitter Gourd)
4. Trigonella Foenum Graceum Semen (Fenugreek)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 891 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
- Regulation of food metabolism
- Improvement of carbohydrate metabolism
- Improves the cellular absorption of energy food
- Prevention of erectile weakness, nervous weakness, vision weakness and muscular strength
- Improvement of energy, stamina and strength
- Improves blood circulation
Product Name: Mas Ayu Neem Plus 250 mg Capsules

Composition:
Edible spices, seeds, beans and cereals which contain bioactive principles ranging from nutrients, biochemical, trace elements, minerals, enzymes and natural vitamins.

Ingredients:
1. Azadirachta Indica Folium (Neem)
2. Cuminum Cyminum Semen (Cumin)
3. Curcuma Longa Radix (Turmeric)
4. Foeniculum Vulgare Semen (Fennel)

Mode of Action:
The formulae was developed based on the traditional knowledge of the natural properties of seeds and spices which were used in the prevention and management of nutritional deficiencies, resulting in loss of immunity against infectious diseases and metabolic disorders. Because this formulae is used as a natural therapy, the pharmacokinetic and pharmacodynamics of the formulae is beyond normal receptor based scientific comprehension. 815 known bioactive chemicals are involved in ppm concentrations, all working in ways which cannot be studied through conventional pharmacological research. The study can only be confined to evaluating the clinical outcome and any untoward side effects on the body physiology.

Indicated Uses:
This food-based product contains neem powder and spices for the improvement of general health of the human body. It helps the body fight viral infections and maintain high immunity levels.
“Healing Diseases is Progressive Science Preventing Illness is Ultimate Wisdom”
AK PHARMACY & NATUROPATHY CENTER (AKNPC) was established in the year 1997. It started off as a small pharmacy and naturopathy center at Taman Kinrara, Puchong and eventually developed within 9 years to become one of the leading naturopathy centers in Malaysia.

Besides handling regular clinical cases, AK PHARMACY & NATUROPATHY CENTER also formulates natural recipes from spices, beans, cereals and natural vitamins. Basic SBCV formulation was introduced to its patients. Positive response from the patients impelled the founder, Prof.Dr. Ananthan Krishnan into further research and usage of SBCV in managing health and common disease on patients at the center.

AKNPC is now an official and recognized research enter for Alternative Medicine Research Institute-Center for Asia, for the development of safe natural alternative medicines and beauty products known as the Mas Ayu Range of Products. Fundamental research is ongoing and several breakthrough are recorded. New products are being developed and registered with the Ministry of Health. Interest from Alternative Medicine Research Institute based in Canada and our Malaysia government is significant for its growth and development.

Starting off with 200 registered patients within Taman Kinrara, Puchong in 1997, AK PHARMACY & NATUROPATHY CENTER currently has almost 50,000 patients from all over Malaysia, Singapore, Indonesia, India, Bangladesh, Myanmar, Uzbekistan, China, South Africa, Australia, England, European Union, Canada and the number is still growing.

The company’s approach of giving safe, efficacious quality products and natural healthcare services at an affordable rate is the reasons that turned the company’s business to its present position. AK PHARMACY & NATUROPATHY CENTER now has several affiliates within Malaysia, and Singapore. From the place where it all started in Taman Kinrara, Puchong it has now several centers affiliated to its name at strategic locations within Malaysia. The company plans to open more centers in Malaysia and in the South East Asian countries, before expanding and spreading its wings globally.
Prof. Dr. Ananthan Krishnan has been instrumental in developing the body of knowledge for modern Natural Healthcare and Medicine, complete with the meta-paradigm, philosophy, concept, principles, products and natural treatment based on nutritional integrated products.

His breakthrough includes the development of natural treatments for Dengue Fever, HIV/AIDS, Renal and Ureteric Stone, Hepatitis and Chronic Kidney Failure and many other illness.

He holds twelve degrees in various fields including Pharmacy, Natural Medicine, Business, Management and Logistics with vast learning in history, social and religious studies.

He has more than 18 years of professionals experience is hospital pharmacy, clinical pharmacy, healthcare training and management.

He has more than 20 years of natural healthcare practice and research.

On 13th August 2004, he was awarded the “ORDER OF COMMONWEALTH – KNIGHT COMMANDANT NAWAB” for his humanitarian healthcare work.

On 16th August 2009 he was awarded the title “KING OF MEDICINE” by the society of Tamil Poets, India.

In October 2012, he declared the NATURAL CURE AND REMEDY FOR DENGUE FEVER to the Ministry of Health, Malaysia and the general public.

On 4th June 2013 he was presented with an appreciation award “INDOMITABLE WELLNESS ADVOCATE AND MALAYSIA FATHER OF AFRICA” by the Association of Nigerian-African Foreign Students Ethical Code Guidelines in recognition of health and humanitarian services rendered to the people of the African Nation.

On the 27th of September 2013, at the world Tamil Federation Conference, held in Malaysia he was conferred with the title “GLOBAL AWARD FOR THE EDUCATION”.
He was awarded the title “FATHER OF MALAYSIAN NATURAL MEDICINE” by Ever Nexs Naturopathy Centre & Dimesoft Sdn Bhd (Origene MLM Company) on 30th August 2014 in respect of his life commitment and achievement towards the development and research of Natural Medicine in Malaysia.

On 1st September 2014, he was formally appointed as the “Vice Chancellor of the International University College of Arts and Science (IUCAS)” by the Nirwana Education Group, Malaysia.

Prof. Dr. Ananthan Krishnan is the first and only health practitioner of any medical/health sector in Malaysia, to have publically made the “Declaration of Natural Cure and Remedy for Dengue Fever” to the Ministry of Health of Malaysia and also general public.
DR. INTHIRA SANMUGAM
M.D. (USU), Ph.D. (A.M.)

Academic Qualification

- 2013 - Doctor of Medicine at Universitas Sumatera Utara (USU), Medan.
- 2017 - Ph.D. in Alternative Medicine at Indian Board of Alternative Medicine (IBAM)

Career Profile

- 2002 - Medical Officer Seri Manjung Hospital, Perak.
- 2007 - Medical Officer at General Hospital Kuala Lumpur.
- 2015 - Medical Officer and Naturopathy Doctor at AK Pharmacy & Naturopathy Center, Puchong, Selangor.
DR. AHMAD LUTFI
M.D. (USU), B.BIOMED(HONS),
M.PHIL.(HISTO)

Academic Qualification

➢ 2000 - Doctor of Medicine at Universitas Sumatera Utara (USU), Medan.
➢ 2005 - Bachelor in Biomedicine from Management and Science University (MSU).
➢ 2007 - Master in Philosophy (Histopathology) Lahore, Pakistan.
➢ 2007 - Diploma in Tibbia Medicine from Multan Medical College, Pakistan.

Career Profile

➢ 2002 - Medical Officer, Hospital Ampuan Rahimah Klang.
   (Managing Histopathology lab under Pathology Dept.)
➢ 2007 - Lecturer at the College of Medical Laboratory Technology in Institute for
   Medical Research, Kuala Lumpur.
➢ 2015 - Medical Officer and Naturopathy Doctor at AK Pharmacy & Naturopathy
   Center, Puchong, Selangor.